

**REGISTER FOR OUR
2K WALK OR 5K RUN!**

PROCEEDS TO:



FREE THE SPIRIT FESTIVAL

RUN · WALK · PLAY

SATURDAY, SEPTEMBER 29

**PEOPLE WITH DEVELOPMENTAL DISABILITIES
ARE AN IMPORTANT PART OF OUR COMMUNITY.
SHOW YOUR SUPPORT & CELEBRATE INCLUSION!**

Festivities from 10am – 2pm

St. Amant, 440 River Road

Free Admission

Live Music • Games • Petting Zoo • Lottery • Artisan Market • and more!

FOR MORE INFORMATION AND REGISTRATION:
FREETHESPIRITFESTIVAL.CA

