KIDS FUNDRAISING GUIDE:

FREE THE SPIRIT FESTIVAL

WHAT IS FUNDRAISING?

Someone who is **fundraising** is giving of their time, and their talent to a cause of their choice. For the Free the Spirit Festival, you use your time and your talent to ask those around you (friends, family members) to donate in your honor (pledge).

The donor (you!) is giving their "treasure" of money (that your loved ones have donated) to the cause (St.Amant Foundation).

Here is one way to ask for a donation:

> *"Hi (loved ones name), will you help me reach my fundraising goal by donating to my page? I made a challenge to myself to raise (insert your fundraising goal amount). They money I raise will make a difference in the lives of kids and adults with disabilities."*

If you want to find out more about how the money you raise will make people smile, visit the **Your Impact** section at **freethespiritfestival.ca**.

Here are some fun ways you can MOVE this September:

- Ride your bike further than ever before
- Create the biggest hopscotch with challenges throughout (hop on one foot, 5 jumping jacks, spin in a circle, these are just a few hopscotch square ideas)
- Set up a backyard obstacle course or mini Olympics
- Race your friends or siblings! (3 legged race, wheelbarrow race, skipping race – you come up with the fun way you want to race)
- Try a new sport with your friends or family

And here are some fun & easy fundraising ideas (that don't require too much moving!) to try with your family, friends and even classmates:

- **Lemonade stand** – Make homemade lemonade and decorate a poster explaining your fundraising goal.
- **Bake sale** – Make some homemade goodies and "sell" them to friends and family.
- **Backyard bbq** – Host a family BBQ and charge an admission rate, your family and friends will love paying knowing their admission is helping you reach your fundraising goal.
- **Talent show** – Gather your siblings or friends and show off your best talents, sell tickets to your show.
- Ask your teacher if you can host a "hat day" or "pyjama day" at school. Everyone who wants to wear a hat or pyjamas for the day pays $2.00, before you know it you've raised a lot of money.

DID YOU KNOW?

If you raise $50 you'll receive a 2021 Free the Spirit Festival medal.

If you raise $75 you'll also receive an event t-shirt!

If your goal is to raise more than $300, check out the fundraising rewards at **freethespiritfestival.ca**.

Don't forget to THANK everyone who contributes! This is one of the most important parts of fundraising.

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Share your pics for a chance to win!